

ROCKET RUN 2005

JULY 30TH BARTONVILLE, IL



Illinois Valley Striders Grand Prix Series

5K Run/Walk and 1 Mile Fitness Walk
Saturday, July 30, 2005, 7:30 a.m.

Hosted by the Limestone Alumni & Friends Association.

WHERE: Start: Airport Rd./Pfeiffer Rd. • Finish Line: Limestone High School

TIME: Packet Pick-up: 5:00 p.m. - 7:00 p.m., Friday, July 29th at the Limestone High School parking lot

Race day registration: 6:30 - 7:15 a.m. Limestone High School

Start time: 5K Run/walk 7:30 a.m. (start of 1 Mile fitness walk follows immediately)

FEES: \$15.00 (\$20.00 after July 23rd) Fee includes race packet and t-shirt

REGISTRATION: Please pre-register by completing the form below and mail it to:

Patty Caudill – Race Director, 7417 W. Harvest Drive Mapleton, IL 61547

INQUIRIES: Patty Caudill – Race Director: 309.697.8050 or pattycaudill@sbcglobal.net

Cindy Stafford – Race Chair: 309.697.8879 or cnstff@sbcglobal.net

AWARDS: Overall male/female winners of 5K run, top alumni male/female, and top 3 runners in each of the following:
10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65, 65 and up

COURSE: Corner of Pfeiffer and Airport Rd. East on Pfeiffer (towards industrial park). Right on S. Becker Dr. Left on Enterprise. Right on Barton. Right on Entec. Left on Pfeiffer. Finish in front of Limestone High School.

REFRESHMENTS/DOOR PRIZES: Pizza, fruit, snacks, sport drinks & water following race, before awards.

RACE FORMS AVAILABLE AT: www.limestone.k12.il.us

please cut along this line and return bottom portion to above address

please make additional copies of race form if needed

Registration Form:

Shirt Size: S M L XL

circle one

M F

First Name Last Name Age on July 30th circle one

Street Address

City State Zip Phone

Check one: ___5K run ___5K walk ___1 mile fitness walk ___volunteer ___donation only

Are you in the Grand Prix Series? ___yes ___no

Are you a Limestone Alumni? ___yes ___no Class of _____

Return with check to: Patty Caudill – Race Director, 7417 W. Harvest Dr., Mapleton, IL 61547

Checks payable to: Limestone Alumni and Friends Association \$15.00 (\$20.00 after July 23, 2005)

I for myself, my executor, administrator, and assigns, do hereby release and discharge the City of Bartonville, Limestone Alumni and Friends Association, race organizers, and all sponsors from all claims of injury, damages, or liabilities of any kind arising from my participation in this event. (If under 18 years of age, parent's signature required.)

Signature Required

Date