

# Coffey's RACE TO CURE DIABETES



## 3 mile cross country race and kids' 1/2 mi. fun run

Sat, Nov 1

10:00am

Detweiller Park

### Course:

3 mile course on grass. This is the exact same course as the State Cross Country Championship.

### Awards:

Trophy and Gift Certificate to the Overall Male and Female Winners.

Trophies to the top 5 finishers in each male and female in the 14 & Under age group.

Trophies to the top 3 finishers in all other male and female age groups.

Age Groups:

14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39  
40-44, 45-49, 50-54, 55-59, 60 & Over

### Registration:

Make checks payable to: **Race to Cure Diabetes**

\$15 for Race Entries postmarked before Oct 20

Mail to: Michael Helgeson  
10815 N. Dana Dr.  
Peoria, IL 61615

\$20: Race Day Entries

Detweiller Park: 9:00am - 9:45am

\$5: Kids' Fun Run – ages 12 & under  
(all finishers get a medallion)

First 150 race entries (not Fun Run) will receive a long sleeve race shirt. Shirts and race numbers may be picked up on race day beginning at 9:00am.

**All Proceeds will go directly to the Juvenile Diabetes Research Foundation (JDRF)**



**Bob Lindsay  
Honda**

*Where It's More Than A Car, "It's A Honda!"*



**Laura J. Donlan D.D.S. P.C.**

Print Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Long Sleeve Shirt Size: S M L XL (First 150 entries) Race  or Fun run

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(All entries must be signed - parent or guardian if under 18)

I know that running a road / off-road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Michael Helgeson, Peoria Park District, all volunteers, and all sponsors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.