



Youth Service Bureau of Illinois Valley
 (A Children's Charity)
"CORNFIELD CAPER" 4 Mile Race
A Starved Rock Runners, Ltd. Recommended Race
 Saturday, July 15, 2006 – 8 a.m.

RACE FEATURES:

- *Splits at miles 1, 2 & 3
- *Two water stops on course
- *Course measured by SRRC (Jones Counter)
- *Electronically timed
- *Race results available at conclusion of race
- *T-Shirt guaranteed to all pre-registered race and walk participants
- *Refreshments after race
- *Results available at www.starvedrockrunners.org

COURSE DESCRIPTION:

4 mile loop starting and ending near Grand Ridge Fire House. 3 miles of blacktop and 1 mile gravel shoulder along Route 23. Mostly flat with one long rise. **Walkers Welcome:** 1 mile non-competitive walk through village streets. Step-Off at 8:10 a.m.

QUESTIONS:

Call Leah Hettel
 Race Director
 (815) 434-2518

ENTRY FEE:

\$20 Donation—Day of Race
 \$17 Donation—Pre-Registered

Pre-Registration:

Must be post-marked by July 7th.

Check-in:

Grand Ridge Volunteer Fire Department
 6:45 a.m.—7:45 a.m.

AWARDS:

Trophy to overall male and female winners and medals to 1st, 2nd & 3rd male and female winners in each division.

13 & under	45-49
14-19	50-54
20-24	55-59
25-29	60-64
30-34	65-69
35-39	70-74
40-44	75 & over

Award ceremony to follow tabulation of results

DIRECTIONS TO RACE:

From Chicago: Take I-80 West to IL-23. Take IL-23 South to Grand Ridge (6 miles south of Ottawa).

From Peoria: Take I-74 East to I-51/I-39 North. Take I-39 North to IL-18. Take IL-18 East to IL-23 North. Take IL-23 North to Grand Ridge (6 miles north of Streator).



PLEASE PRINT

Name: _____ Age on July 15th 2006: _____ Date of Birth: _____

Address: _____ Male _____ Female _____

City, State, Zip: _____

I am registering for the: Run _____ Walk _____ T-shirt size: S M L XL XXL

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running the event including, but not limited to, fall, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my race entry, I, for myself and anyone entitled to act on my behalf, waive and release the State of Illinois, LaSalle County, the Village of Grand Ridge, Grand Rapids Road District, Grand Rapids Township, Farm Ridge Road District, Farm Ridge Township, Grand Ridge Volunteer Fire Department and the Youth Service Bureau of Illinois Valley and all sponsors, their representatives and successors from all claims or liability that may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date _____ Signature of Parent or Guardian (if under 18 years old) _____ Date _____

MAKE CHECKS PAYABLE TO: YSBIV - Cornfield Caper
 Mail to: 424 W. Madison St., Ottawa, IL 61350

FOR OFFICIAL USE ONLY—Do Not Complete This Section

Paid: _____ Bib #: _____ Age Range Code: _____